

July 20, 2021

11:00 a.m. - 12:00 p.m. ET

**PROFESSIONAL
DEVELOPMENT**



Pexels CC0 by Jenna Hamra

**Provide your clients with
the most updated
science-based
information on the
efficacy of ketogenic
diets.**

EVENT LOCATION

<https://militaryfamilieslearningnetwork.org/event/101313/>

Understanding the Hype: Emerging Evidence for the Use of the Ketogenic Diet in Chronic Disease

Are your patients/clients still asking about ketogenic diets? Learn how you can address questions from your clients and provide the most updated science-based information on the efficacy of ketogenic diets.

Learning Objectives:

- Review and describe biochemical reactions and regulatory mechanisms of ketone body synthesis and utilization
- Discuss emerging evidence for the use of ketogenic diets in the treatment of chronic disease including obesity, type 2 diabetes, and cancer
- Identify potential mechanisms of action for the therapeutic effect of ketogenic diets on chronic disease

PRESENTER

Jessica M. Lowe, MPH, RD, CSP, Ketogenic Dietitian
Department of Neurology | Keck School of Medicine | University of Southern California
Division Child Neurology | LAC+USC Medical Center

CONTINUING EDUCATION CREDIT

This webinar will offer 1.0 CPEU credit for:

- RDNs
- NDTRs

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