



Photo by Andrea Pignatelli from Pexels

### October 1, 2020 | Healthy Moms, Happy Babies I: Supporting Staff to Help Families Remotely

We care deeply about you and know many of you are exhausted and overwhelmed in both your work and personal life. COVID-19 affects all of us - from the military families we serve, to our own relationships and families. Military family readiness staff deserve care just as much as the families we serve.

Our approach provides strategies to help staff recognize their own stress and learn new skills to better manage that stress and find balance. We believe to best prepare staff to effectively work with families, we must support them

and create system changes to help them, their supervisors, and their managers strengthen readiness for larger organizational change in a supportive, caring environment.

We will close the session with a debrief of a gratitude exercise and review of the overall webinar.

#### EVENT LOCATION

<https://militaryfamilieslearningnetwork.org/event/85653>



Photo by Ketut Subiyanto from Pexels

### October 7, 2020 | Healthy Moms, Happy Babies II: Virtually Supporting Parents Experiencing Domestic Abuse

Given the COVID-19 pandemic and the shift to virtual home visitation, we recognize that it is very difficult for New Parent Support Program staff to determine client safety, maintain confidentiality, and promote healthy parenting and relationships. The lack of privacy for conversations and heightened isolation makes it difficult to assess the home environment and figure out if coercion and abuse are happening to a client.

During this training, we will review promising practices for home visitors within a virtual space. Reviewing how power and control issues may look different within the 'shelter in place' situation and how this might prevent clients from being able to disclose abuse or reach out for help. Talking about healthy and unhealthy relationships and how to help friends and family is a strategy that builds stronger client relationships and allows victims to hear about resources and ways to promote safety without disclosing domestic abuse. The intervention strategies we will be sharing are adapted for virtual home visitation.

#### EVENT LOCATION

<https://militaryfamilieslearningnetwork.org/event/85655>

#### PRESENTER

**Rebecca Levenson, M.A.**

Consultant and Former Senior Policy Analyst, FUTURES Without Violence

#### CONTINUING EDUCATION CREDIT

Each webinar will offer **1.5 CE credits** for:

- Social Work, Licensed Professional Counselors and Licensed Marriage and Family Therapist from the **UT Austin Steve Hicks School of Social Work**
- Certified Family Life Educators (CFLE) from the **National Council on Family Relations**
- Board certified case managers from the **Commission for Case Manager Certification**
- Certificates of completion also available for participants interested in receiving training for professional development hours!



**RSVP TODAY!**

