



**MFLN Resilience Series:** Dr. Ann Masten, Dr. Froma Walsh, Dr. Michael Ungar  
**August 2019**  
**Series Event Link:** <https://militaryfamilieslearningnetwork.org/resilienceseries/>

## Resources

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### Articles:

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### **Blogs:**

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## **Books/Book Chapters:**

- Bowen, G. L., Martin, J. A., & Mancini, J. A. (2013). The Resilience of Military Families: Theoretical Perspectives. In M. A. Fine & F. D. Fincham (Eds.), *Handbook of Family Theories: A Content-Based Approach* (pp. 417-436). New York, NY, US: Routledge/Taylor & Francis Group.
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## **Online Resources:**

- Child and Parent Resource Institute (CPRI):  
<https://www.cpri.ca/families/programs-services/sexual-behaviours-team/recommended-res/>
- Child Mind Institute - Stress and Resilience: <https://childmind.org/topics/concerns/stress-and-resilience/>
- Psychological First Aid (PFA) Mobile [App]; <https://mobile.va.gov/app/pfa-mobile>
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